



## Champion Colton

**Colton Showalter:** Colton has been racing with Team Heart And Sole since 2019. He has a bubbly personality and loves sports. Colton is helping with a large building project at church and works at Doctors West Hospital two days a week. He will be attending Special Olympics Summer Games at the end of June for Power Lifting. Colton does a lot of swimming along with running. He is looking forward to attending family camp with his dad in July and a trip to the Smoky Mountains in August.

Did Special Olympics swimming over the winter. He ran the AEP 10k last weekend w Scott and Jen.